SPITALUL DE PSIHIATRIE CRONICI SIRET
ADMINISTRATIV - BUCATARIE

APROBAT
MANAGER:PSIH. ROTARU - ANGHELESCU TIBERIU

MENIURI Cronici I, Cronici II

DUMINICĂ 12.04.2026

	Regimuri	Produs finit (posibili alergeni la ouă, carne, lactate, fructe sau legume)	Calorii
MIC DEJUN Ora 8:00	COMUN	Cas (50gr) ,carnat (50gr),ou rosu(1bc),muschi (50gr), mustar (25gr),paine(100gr) , ceai cu zahar(250ml)	**750,5**
	INTOLER. LACTOZĂ	Carnat (50gr),ou rosu(1bc),muschi (50gr),mustar (25gr), paine(100gr) , ceai cu zahar(250ml)	**718**
	DESODAT,HIPOSODAT	Cas (50gr) ,ou rosu(1bc),muschi(50gr), mustar (25gr),paine(100gr) , ceai cu zahar(250ml)	**726**
	GASTRIC, HEPATIC,HIPOLIPID	Cas (50gr) ,carnat (50gr),ou rosu(1bc),muschi (50gr), mustar (25gr),paine(100gr) , ceai cu zahar(250ml)	**750,5**
	DIABET, HIPOCALORIC	Cas (50gr) ,carnat (50gr),ou rosu(1bc),muschi (50gr),mustar (25gr),paine integr(100gr),ceai indulcit (250ml)	**750,5 94 CH**
	AFECT. SUPRAADAUG.(SP)	Cas (50gr), unt(20gr),galbenus de ou(1bc), paine integrală (100gr)	**519**
	DIAREIC	Ou fiert (1 buc),Ceai de menta (250ml), paine prajita(100gr)	**340**
GUSTARE Ora 10:00	COMUN	Iepuras de ciocolata (1 bc)	**220**
	INTOLER. LACTOZĂ	Iepuras de ciocolata (1 bc)	**220**
	DESODAT,HIPOSODAT GASTRIC, HEPATIC,HIPOLIPID	Iepuras de ciocolata (1 bc)	**220**
	DIABET,	Ciocolata fara zahar (20gr)	**165,8 12 CH**
	HIPOCALORIC	Iepuras de ciocolata (1 bc)	**220**
	AFECT. SUPRAADAUGATE(SP)	Ciocolata fara zahar(20gr)	**169**
	DIAREIC	Biscuiti (80gr), Ceai menta(400)	**350**
PRÂNZ Ora 13:00	COMUN	Ciorba de legume cu fidea (400ml),paine(100g),Tochitura moldoveneasca (pulpa porc-150gr,cabanos-90gr), Branza burduf (100g), mamaliga (200g), muraturi in otet/saramura (100gr)	**1298**
	INTOLER. LACTOZĂ	Ciorba de legume cu fidea (400ml),paine(100g),Tochitura mold (pulpa porc-150gr,cabanos-90gr) mamaliga (200g)	**1106**
	DESODAT,HIPOSODAT	Ciorba de legume cu fidea (400ml),paine(100g),Tochitura moldoveneasca (pulpa porc-150gr,cabanos-90gr) Cas (100g),mamaliga (200g)	**1106**
	GASTRIC, HEPATIC,HIPOLIPID	Ciorba de legume cu fidea (400ml),paine(100g),Tochitura moldoveneasca (pulpa porc-150gr,cabanos-90gr) ,Branza burduf (100g), mamaliga (200g)	**1200**
	DIABET, HIPOCALORIC	Ciorba de legume cu fidea (400ml),paine(100g),Tochitura (pulpa porc-150gr,cabanos-90gr), Branza burduf(100g),mamaliga (200g)	**1106 101CH**
	AFECT. SUPRAADAUGATE(SP)	Ciorba de legume (400ml), paine integr (100gr), Mazare sote(200gr) cu piept pui fiert (100gr),paine(100gr)	**1029**
	VEGETARIAN		
	DIAREIC	Supa de pasare cu orez (400ml),paine(100gr), Pulpa de pui (100gr),orez cu morcovi(200gr)	**755**
GUSTARE Ora 16:00	COMUN	Pasca branza (100gr)/Suc(250ml)	**428**
	INTOLER. LACTOZĂ	Pasca branza (100gr)/Suc(250ml)	**428**
	DESODAT,HIPOSODAT GASTRIC, HEPATIC,HIPOLIPID	Pasca branza (100gr)/Suc(250ml)	**428**
	DIABET	Pasca fara zahar (100gr)/Suc fara zahar(250ml)	**370 42 CH**
	HIPOCALORIC	Pasca branza (100gr)/Suc(250ml)	**428**
	AFECT. SUPRAADAUGATE(SP)	Pasca branza (100gr)	**328**
	DIAREIC	Banana medie(~180 gr)	**169**
CINĂ Ora 19:00	COMUN	Branza cu smantana (200gr) , paine (100gr) , crenwursti porc (100gr), ceai cu zahăr(250ml)	**864**
	INTOLER. LACTOZĂ	Păstăi sote (200gr) cu crenwursti porc (100 gr), ceai cu zahăr (250ml), pâine (100gr)	**609,6**
	DESODAT,HIPOSODAT	Branza cu smantana (200gr) , sunca pui (100gr), paine(100gr) , ceai cu zahăr(250ml)	**864**
	GASTRIC, HEPATIC,HIPOLIPID	Branza cu smantana (200gr), crenwursti porc (100gr), , paine (100gr) , ceai cu zahăr(250ml)	**864**
	DIABET, HIPOCALORIC	Branza cu smantana (200gr) ,crenwursti porc (100gr) ,ceai cu indulcit(250ml) , paine integr(60g)	**666,8 85CH**
	AFECT. SUPRAADAUGATE(SP)	Branza cu smantana (200gr),ceai (250ml) , paine integr(100g)	**864**
	DIAREIC	Ou fiert tare(2bc), branza vaci(100gr),paine prajita (100gr), ceai (250ml)	**530**

Sef serviciu Admin: Gavrilet Daniel.....

Magaziner: Ursachi Aurel.....

Referent: Tablan Anca.....

Asist.Med.Princip.Sef: Tanasa Tudor.....